



Chug, Chug, Chug,  
Cough, Cough, Cough.

## Isn't it time for Ozone Action?

Driving a car is one of the biggest contributors to ground-level ozone, or smog....and summertime is smog's smoggiest season.

During summer, children, the elderly and people with problems like asthma and emphysema are more at risk for respiratory problems. And if you think healthy young adults are safe from the effects, think again.

When smog levels are high, active adults take faster, deeper breaths, so the pollution penetrates all the quicker. It's enough to make you want to stop, well, driving.

There are alternatives to driving along with other ozone saving options on the back of this card. So take a deep breath and start reading.

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# You hold the keys to healthier air.

By following these tips, you can do your share to prevent ground-level ozone accumulation.

- Limit your daytime driving whenever possible by taking the bus, car pooling, biking or walking.



- When you drive, try to minimize “cold starts” by combining trips and errands so the catalytic converter on your vehicle remains warm. Most vehicle emissions occur in the first few minutes of engine operation, when the converter is cold and inefficient.

- Reduce unnecessary engine idling by parking your car and walking into a building rather than using the drive-through lane.
- Refuel after dark to prevent some of the resulting gasoline vapors from becoming smog.



Avoid spilling gasoline, and stop when the pump shuts off automatically.



- Keep your car tuned-up. The emissions from one poorly maintained car equal that from 25 properly functioning cars!

Following these suggestions is particularly important on Ozone Action Days, but if enough people

follow them regularly, we can all breathe a sigh of relief.



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