



Give your house a breath of fresh air.

After working hard to get the house of your dreams, its time to relax, kick back and breathe a sigh of...cough, cough.

For people young and old, asthma, emphysema and respiratory problems are an increasing concern. One of the biggest triggers of breathing difficulties is smog...complements of all the neighbors.

Unknowingly, you may be using home maintenance products that are actually contributing to air pollution and draining already limited energy resources. They're costing you money too!

Fortunately there are alternatives. On the back of this card, you'll find easy, ozone saving options you can use at home. So take a deep breath and start reading.

Household hints for healthier air.

By following these tips, you can do your share to prevent ground-level ozone accumulation and air pollution. You'll probably save time and money too! So be a good neighbor to the environment and conserve wherever possible.



- Postpone mowing your lawn with gas-powered mowers until evening. Or better yet, relax and mow another day! Of course, the best option is to use a push or electric-powered mower that mulches too.

- Save the air and money by turning off lights and turning up the thermostat in summer. Don't overcool your house!



- Conserve energy and water by only washing clothes and dishes with full loads.



- Use latex rather than oilbased paints and solvents, and avoid using sprayers altogether.

- Skip the charcoal lighter fluid when grilling. Instead try an electric coil starter or charcoal chimney.

Better yet, use an electric or gas grill for your backyard burgers – in taste tests most people couldn't tell the difference, and they're a whole lot more convenient too!



Following these suggestions is particularly important on Ozone Action Days, but if enough people follow them regularly, we can all breathe a sigh of relief.

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